

ZERO-WASTE/SUSTAINABLE PRACTICES IN SEATTLE, WA - A SURVEY



WHAT SUSTAINABILITY PRACTICES ARE BEING APPLIED IN THE SEATTLE AREA?

A survey was conducted with close-ended questions about the zero waste/sustainability practices that are currently being applied. The results will show the trends of the practices frequently applied and the ones that should gain more support. Overall, the survey will look at the effort by people in reducing their waste production and combating the waste problem of society.

EXAMPLES BELOW

THE BATHROOM AND SELF CARE

- Toothpaste tablets
- Refillable or bar shampoo
- Bamboo toothbrush
- Recycled toilet paper or bidet
- Green/clean make-up



THE BEDROOM AND WARDROBE

- Buying secondhand clothing
- Plastic free laundry detergent
- Natural fibers in bedding and clothes
- Donating used clothing
- Reduce laundry frequency



THE KITCHEN

- Buying in bulk
- Avoid single use plastic, aluminum, etc.
- Composting
- Using reusable shopping bags
- Reusable water bottles and coffee cups



THE REST OF THE HOME

- DIY cleaners
- Paperless options for bills
- Refusing "freebies" or promotional items
- Avoid sending greeting cards
- Reusing packing materials



RESULTS

What practices will be applied the most?
Of those, which ones will reduce the most waste?

The results will be included in the webinar series that will be offered through Seattle Zero Waste.

